

Good Philosophy

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Always try to help a friend in need.



Believe in yourself.



BE BRAVE!....



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**but remember... it's OK to be
afraid sometimes.**



Give lots of kisses.



Don't be overly concerned with your weight, it's just a number!



Meet new people, even if they look different to you.



Remain Calm...



even if it seems rather hopeless!



Take a nap if you need one..



**Have a good sense of humor and
laugh often!**



**Love your friends, no matter
who they are.**



Don't waste food.



Take an occasional risk.



**RELAX... EVEN, ON THOSE
STRESSFUL DAYS!!**



Try to have a little fun each day...



**AND...it's important, no
matter what...**



to work together as a team,



share a joke with your friends
and neighbors,



**and fall in love with someone
special...**



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Say "I love you" often.



Express yourself creatively.



Always be up for surprises.



Share with a friend.



**Remember the saying,
Good things happen to good people!**



**There is always someone who
loves you more than you know.**



Exercise a little each day!




Live up to your name.



**Hold on to good friends; they
are few and far between!**





**And remember, this friend is
thinking about you.**

Have a wonderful day!

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